

# Social Sailing Events

*Social Sailing Events are designed to give independent sailors the opportunity to safely practice and build confidence outside of formal training or racing.*

## **Officer of the Day (OOD)**

The OOD has overarching responsibility for the day specifically including:

- Ensuring support boat pre-start checks are completed.
- Ensuring the weather is monitored
- Ensuring everyone is accounted for
- Ensuring the boats are washed down, engine hours are reported to the Rescue Boat Captain and the building is secured afterwards.

The OOD MUST be either:

- *a qualified dinghy instructor or*
- *a particularly experienced AYC member*

*The OOD MUST be authorised by the Training Co-ordinator AND Rescue Boat Captain who may impose additional requirements.*

*The OOD may choose to operate a support boat in unison with their responsibilities.*

## **Weather Conditions**

- Maximum permitted wind strength: **15 knots** (or lower depending on sailor competency).
- If the wind direction is between NNW and NNE inclusive, more than one support boat is required.

## **Safety Cover**

- A support boat is required to be on the water at all times.
- An onshore spotter must be in the tower, in 2-radio contact with the support boat, with the ability to raise the alarm if required.
- The onshore spotter must have immediate access to the Social Sailing Tower Duty Guide which contains the emergency procedure and contacts.

## **Group Size**

- Maximum of 8 sail boats per support boat crewed with a qualified instructor AND qualified assistant instructor.
- Maximum of 6 sail boats per support boat crewed in any other way

## **Eligible Participants**

- This event is for independent sailors who have met all the requirements in the AYC Sail-Ready-Skills Record before taking part.

## **Event Notification**

- Each Social Sailing session must be announced in advance on the AYC Members Facebook page.

## **Third Parties**

- Port Philip Bay is a public area and Social Sailing does NOT restrict any other sailing occurring at the same time, from AYC members or the general public. Any 3<sup>rd</sup> parties on the water at the same time will **not** be actively monitored by the Support Boat or Tower Duty.
- For the avoidance of doubt, support boat operators should comply with any legal duty to render assistance to others in an emergency.

**Sailor's Name:  
Record**

**AYC Sail Ready - Skills**

<b>SKILL</b>	<b>DATE ACHIEVED</b>	<b>COMMENTS</b>
Can identify the wind direction and strength		
Demonstrated respect and care of boats		
Can explain the procedure for getting out of irons		
Can articulate right of way rules: <ul style="list-style-type: none"> <li>• Port / Starboard</li> <li>• Windward / Leeward</li> </ul>		
Can identify avoiding collisions a priority		
Swim 50 meters in a PFD		
Sail around a triangle course, including: <ul style="list-style-type: none"> <li>• Upwind – on a close-hauled course tacking through the ‘no go zone’</li> <li>• Downwind - with centre board up</li> <li>• Reaching - Correct sail position</li> </ul>		
Capsize and recover, unassisted		
Stopping the boat in a confined area for a period of time		
Local knowledge: <ul style="list-style-type: none"> <li>• Can launch and return safely from a deep beach shore</li> <li>• Can identify the location of the reef</li> <li>• Understands and can recognise local navigation marks:               <ul style="list-style-type: none"> <li>○ Cardinal marks</li> <li>○ Boat ramp port and starboard marks</li> <li>○ Marks by the pier / Altona Beach</li> </ul> </li> </ul>		

# Social Sailing Tower Duty Guide

## Your Role

- Keep watch on all boats while on the water.
  - Stay in the tower until all sailors return.
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## During Sailing

- Keep lookout over the sailing area at all times.
  - Monitor **VHF Channel 71**, or alternative Channel 73 (volume up).
  - Track boat numbers & check off returning sailors.
  - Call rescue boat if sailor/boat in distress.
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## Radio Channels

- **Club Working Channel: 71**, or alternative Channel 73
  - **Emergency Channel:** VHF 16
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## Emergency Procedures

1. Call rescue boat via radio (**VHF 71**, or alternative Channel 73).
  2. Keep eyes on incident - guide rescue crew.
  3. If more help is needed:
    - **Dial 000** (Police/Water Police/Coast Guard).
    - Location: “*Altona Yacht Club, 10 Beach Steet, Seaholme, VIC 3018 – Hobsons Bay*”.
    - Give number of people and type of emergency.
  4. Notify Officer of the Day / Sailing Captain.
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## Key Contacts

- **Emergency Services:** 000
  - **Water Police (Williamstown):** (03) 9399 7500
  - **Coast Guard Williamstown:** (03) 9397 6977
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Don't hesitate – **call for help early.**